

SUMMER RETREATS 2012

July 14 -19 and July 21 - 28

This summer Mountain Lamp will hold our two traditional summer retreats- Ancient Bones and Deep Rivers, Clear Streams

Friends are welcome to come to one or both and may stay in between retreats



Summer Retreats

Ancient Bones July 14- 19

Deep Rivers, Clear Streams July 21 - 28

Ancient Bones

July 14- 19

A Zen retreat with Jack Duffy. Dokusan will be offered during this retreat.

Deep Rivers, Clear Streams

July 21- 28

Mindfulness Retreat with Dharma teacher Eileen Kiera. Eileen will offer interviews during this retreat.

Arrival Times

Retreatants are welcome to arrive on July 14 or July 21

Departures

Retreatants are welcome to depart on July 19 or July 28

Practice

Ancient Bones is a Zen retreat with daily zazen, dharma talks, formal meals and Q&A.

Deep Rivers, Clear Streams is a mindfulness retreat with sitting meditation, outdoor walking, dharma discussion and dharma talks from Eileen.

**See Other Side for
Retreat fees**

