

VIMALIKIRTI RETREAT

December 30- January 11 2012

This winter, Mountain Lamp will sponsor a two week study retreat. We invite friends to come for a weekend, a week or two.

This retreat leads up to the MCPS retreat at Indianola. Study topic is the Vimalikirti Sutra



***Vimalikirti* Two Week Retreat and New Year Retreat December 30 2011 - January 11 2012**

The full time retreat will start on December 30 5pm and end on January 11 at noon.

New Year Retreat

December 30 - January 1

Starts December 30 at 5pm
Walking and sitting meditation, bell ringing and prostrations to bring in the New Year. New Years Day will include a ceremony and end with a delicious brunch.

Guests may stay on or leave after the end of the New Year part of the retreat

See Other Side for Retreat fees

Arrival Times

Retreatants are welcome to arrive on Fridays at 5pm or on Mondays at 5pm

Departures

Retreatants are welcome to depart any Sunday or on Jan. 11
Guests carrying on to the MCPS retreat at Indianola may stay on until Thursday Jan 12 which will be a lazy day.

Practice

This study retreat will include periods of sitting and walking meditation, dharma talks from Eileen, tai-chi, mindful movement, work, silent meals, Dharma discussion and Dharma study focused on the Vimalikirti sutra. Eileen will be available for interviews on some days of the retreat.

Questions? Email Mountain Lamp at ml-info@mountainlamp.org or www.mountainlamp.org

DEPOSIT: \$50 for weekend retreats or \$100 for longer stays
 Deposit for Retreat is non-refundable after December 14th,
 Last day to register is December 21 2011.

Cost for Retreat Stays

Weekend (including New Year retreat): \$110
 7 Days: \$315
 9 Days: \$360
 Two Weeks: \$420
 All meals are included in retreat fees

Please complete form below and mail to Mountain Lamp Community,
 P.O.Box 512, Deming, WA 98244, along with a \$100 deposit.
 Directions to Mt. Lamp will be sent with your confirmation.

Name: _____

Address: _____

Phone# _____

E-Mail _____

Emergency Contact _____

I will ARRIVE on _____ and
 DEPART on _____

Circle of Friends (please circle)

Circle any: I can help with cooking
 I can help with shopping

Specific work skills &/or interests

Anything else we should know?

Mail this Registration Form to:
 MOUNTAIN LAMP COMMUNITY
 P.O. Box 512 Deming, WA 98244



MEALS:
 Are Vegetarian
 Please note
 medically
 prescribed diet

SLEEPING:
 Shared Indoor

WHAT TO BRING:
 Meditation and
 work clothes,
 rain coat, warm
 sweater, hat,
 mitts, scarf,
 walking shoes,
 boots, personal
 toiletries, towel,
 flashlight, alarm
 clock, warm
 sleeping bag &
 pillow

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